

Heart & Soul Spring Retreat

with Soul Sister Travels

Casa Limonada Lido Key, FL

The weekend highlights will include:

- 3-night accommodations
- Sunrise wellness & beach yoga
- Local volunteer work in Sarasota
- Marie Selby Botanical Gardens tour & lunch
- Continental breakfasts and group dinners
- SST beach swag

\$999 – shared king room, *pp rate* **\$1,475** – single, queen room

March 30 - April 2, 2023

Thursday 6pm to Sunday 10am

Get packing!

Mary & Kathy

Space is limited. Reserve your spot at

soulsistertravels.org