



SOUL SISTER
TRAVELS

Journey with purpose.

Vineyard Weekend

Join Soul Sister Travels
and experience the peaceful rhythm
of Martha's Vineyard in the fall

Weekend highlights include:

- 2-nights accommodations at **Lambert's Cove Inn**
- Friday night welcome dinner followed by candlelit meditation
- Saturday and Sunday gentle yoga with **Nancy from Imagine Yoga**
- Saturday Wellness workshop with Shirin from **Wholehearted Coaching**
- Group Volunteer Opportunity in Local Community
- Farm-to-Table breakfasts, lunch & dinners
- Saturday afternoon free time for Island exploration

\$725 – shared queen room, *pp rate*

\$985 – single, queen room

November 4-6, 2022

Thursday 6pm to Sunday 10am

Get packing!

Mary & Kathy

Space is limited. Reserve your spot at

soulsistertravels.org



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