



SOUL SISTER  
TRAVELS

*Journey with purpose.*

# Heart & Soul Spring Retreat

with Soul Sister Travels

***Casa Limonada***  
***Boutique Motel • Lido Key, FL***

The weekend highlights will include:

- Sunrise wellness & beach yoga
- Local volunteer work in Sarasota
- Marie Selby Botanical Gardens tour & lunch
- Continental breakfasts and group dinners
- SST beach swag

**\$1,175** – shared king room, *pp rate*

**\$1,650** – single, queen room

***March 30 - April 2, 2023***

*Thursday 6pm to Sunday 10am*

Get packing!

*Mary & Kathy*

Space is limited. Reserve your spot at

**[soulsistertravels.org](https://soulsistertravels.org)**