

## A Vineyard Weekend

November 4-6, 2022

Friday 6pm to Sunday 10am

Join Soul Sister Travels and experience the peaceful rhythm of Martha's Vineyard in the fall

Weekend highlights include:

- 2-nights accommodations at Lambert's Cove Inn
- Friday night welcome dinner followed by candlelit meditation
- Rise & shine gentle yoga with *Nancy from Imagine Yoga*
- Saturday wellness workshop
- Group volunteer opportunity in local community
- Farm-to-table breakfasts, lunch & dinners
- Saturday afternoon free time for island exploration

\$725 – shared queen room, pp rate

\$985 – single, queen room







Get packing!

Mary & Kathy

Space is limited. Reserve your spot at

soulsistertravels.org